

Simple Acts of Kindness Ideas

**Leave someone
a kind note**

Give a
compliment

**Hold the door
open for
someone**

Do a chore
for a sibling

**Create care
packages**

Bring dinner
to someone

**Donate old
books**

Smile

**Clean up
your room
without
being asked**

Give a candy
bar to the
bus driver

**Tell a family
member
how much
you love them**

Help make
dinner

Free space

Pick up litter

Give a hug

Let someone
go ahead
of you

Volunteer

Say thank you
when you see
service
members

**Bake cookies
for firefighters
or police**

Write a thank
you letter