

Empathy Worksheet

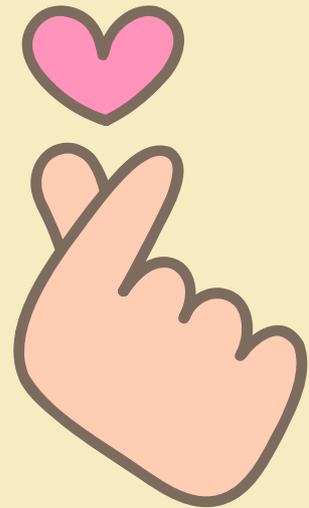


Instructions

Look at the situations below, and then match each situation to the correct feeling and response.

Situations

1. There is a new student in the class and it's their first day.
2. Your friend made the school dance team.
3. A boy from your class fell at recess and got his pants wet.
4. You see a girl sitting by herself at recess.
5. Your friend studied really hard for a test but got a bad mark.
6. Your friend keeps trying, but can't figure out the right answer from math homework.
7. Your friend lost their favorite sweatshirt.
8. Someone broke your friend's tablet.



What does this person feel?

- A. Disappointed
- B. Sad
- C. Embarrassed
- D. Nervous
- E. Mad
- F. Proud
- G. Frustrated
- H. Loney

What can you do?

1. Ask her to play soccer with you.
2. Tell them that you're proud of them.
3. Help him find it.
4. Let him borrow yours until it gets fixed.
5. Help him get the right answer.
6. Help him study for the next text.
7. Try to help him dry off his pants.
8. Talk to them and make them feel comfortable.

Empathy Worksheet

How do these kids feel? What can you do to help?

