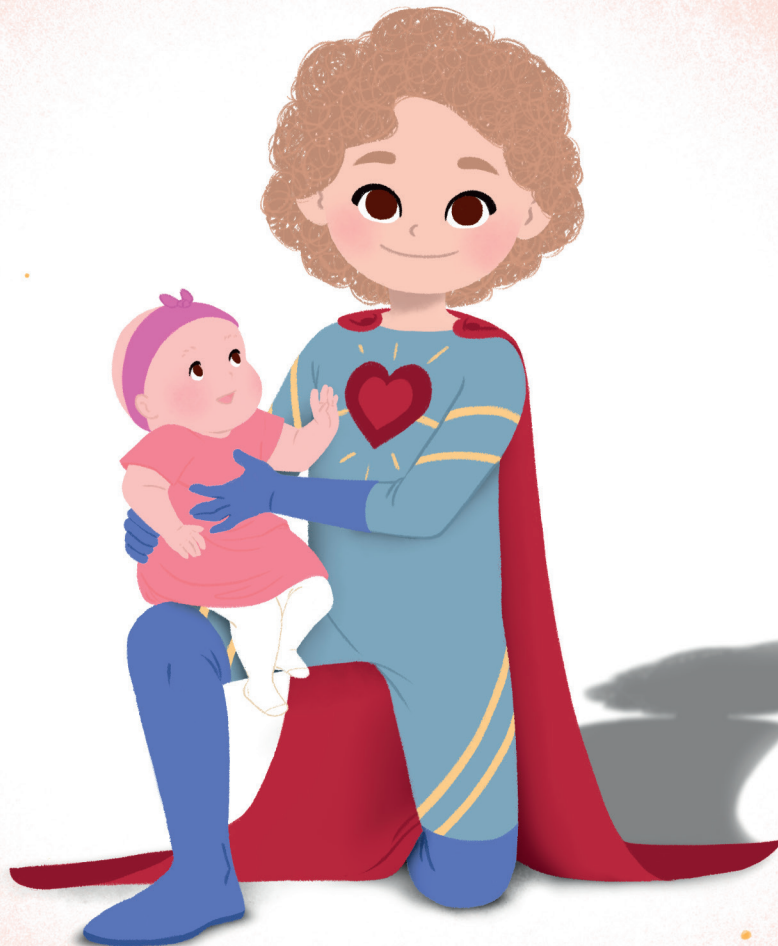


Alicia Ortego

Love is my Superpower





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This Superpower
belongs to

.....

.....



To the bravest boy we've heard of
Who loved to read at night,
Our story about kindness,
He loved with all his might.

Bowen you are so special,
No matter where you are.
You're in the hearts of many now,
Those near and very far.

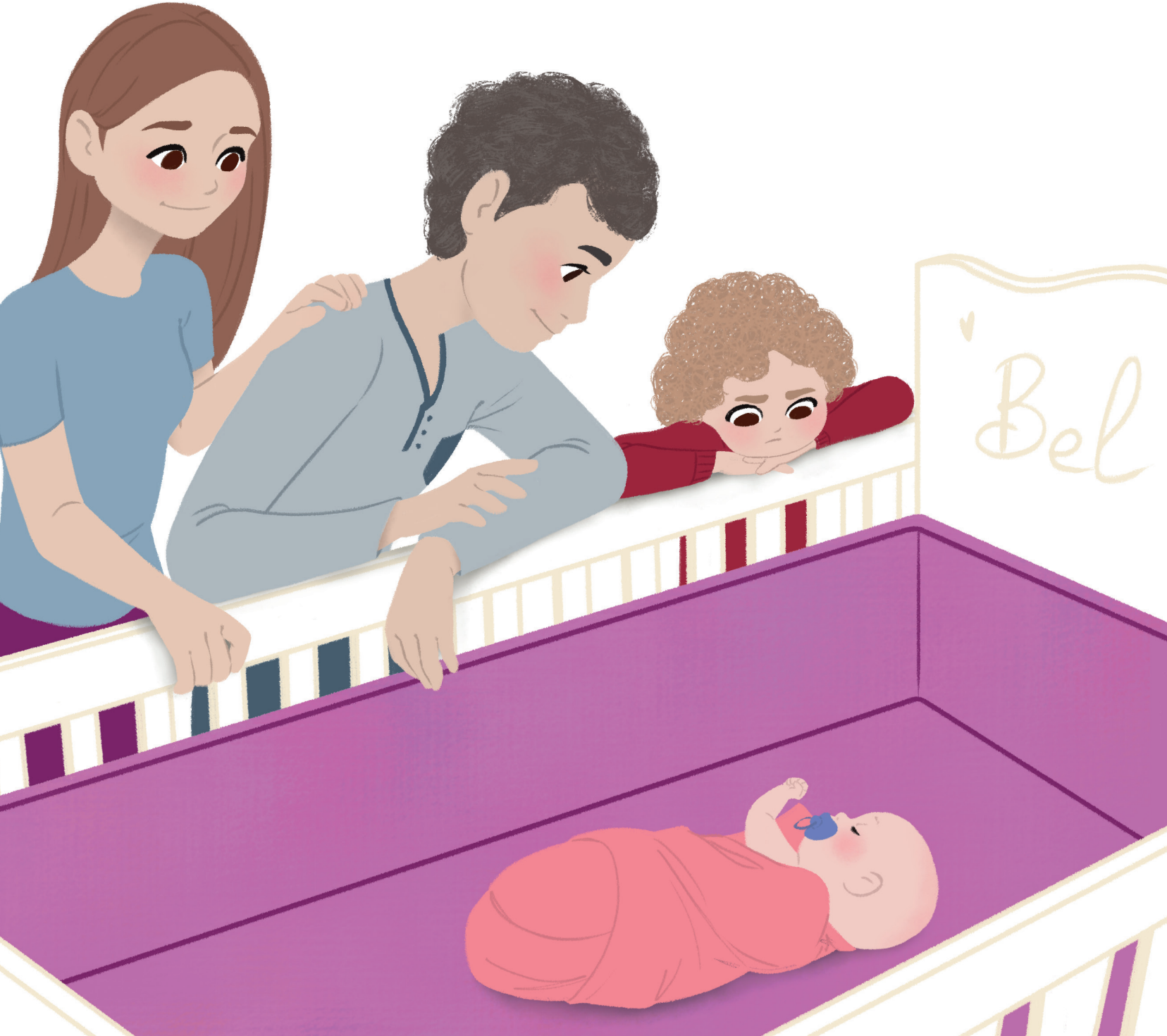
Sleep tight darling little boy
Your name lives on forever
Your love of others will never be
Forgotten, no, not never.



Hello, my name is Bowen,
and I love to read before bed.
But sometimes I have big worries,
that start running through my head.



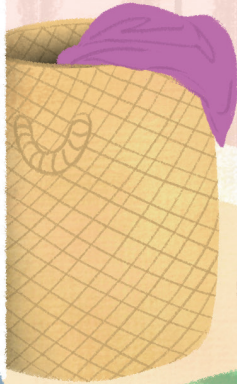
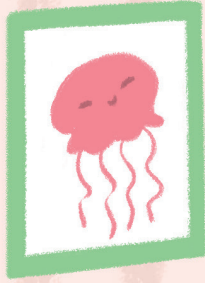
Like when my sister Bella was born, they all made such a fuss.
'How will my parents,' I worried, 'Be able to love both of us?'



But over time I noticed,
something strange indeed.
My parents treated Bella,
the same way they treated me.



So one day while Bella and I,
were playing on the floor,
I looked up at my mum and said,
“Who do you love more?”



My mum gave a big smile,
tucking me into her sweater.
Holding my hands in front of me asked,
“Which one do you like better?”



Hmm, that was tricky,
I really could not decide.
My right hand is for writing,
and my left for climbing the slide.



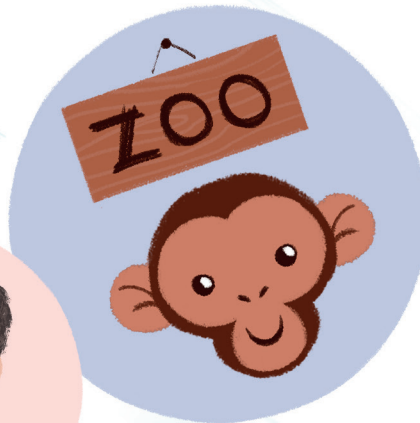
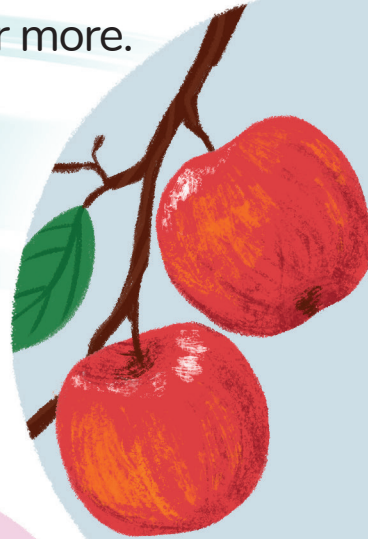
“Your hands are just the same,
and you cannot tell them apart,
Just like my love for you both,
two pieces of my heart.



If you let your heart shine, like the mighty bright sun,
it will be big enough to love everything and everyone.”

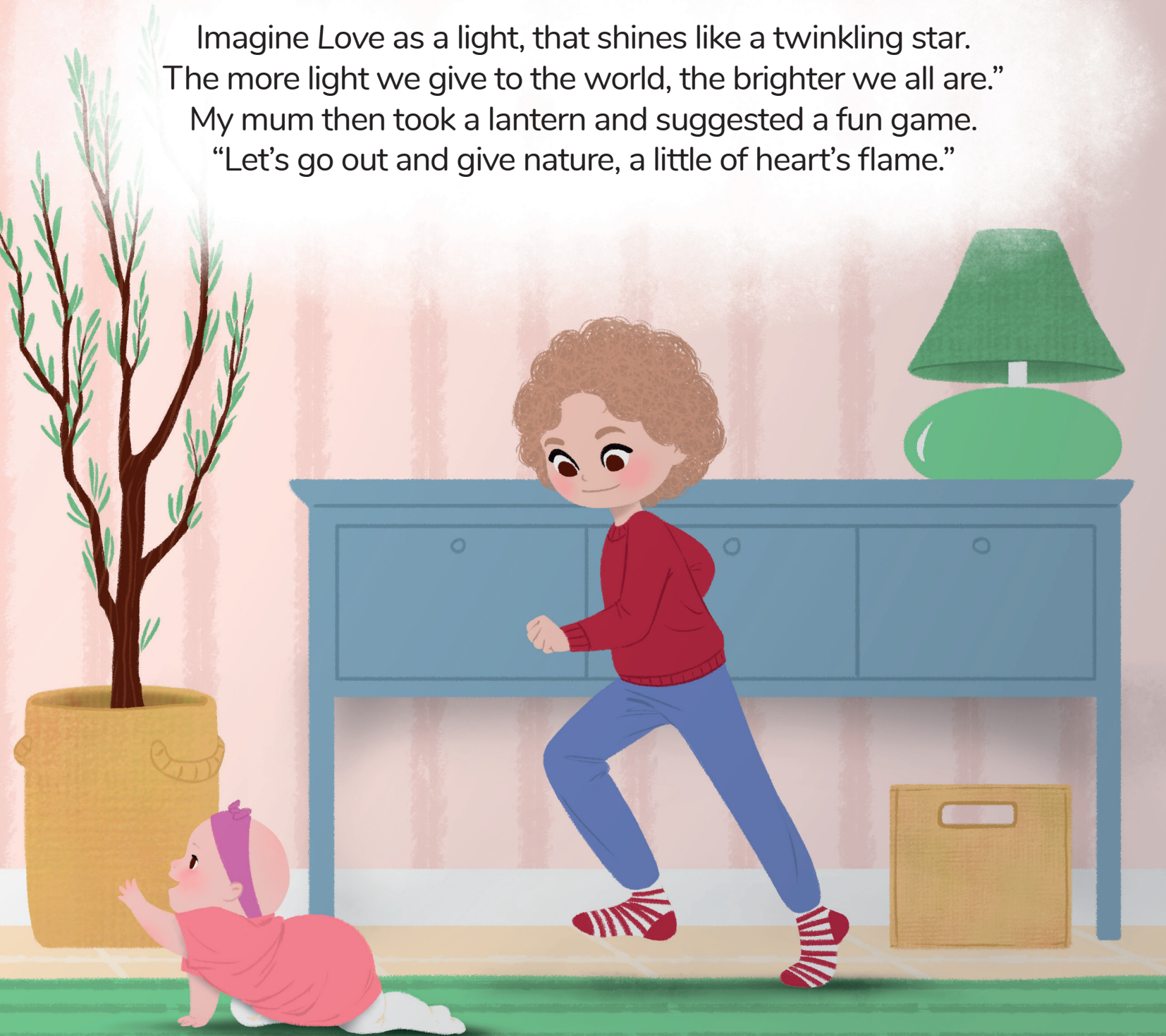


“Who else lives in your heart?” I was curious as could be.
“All our friends and relatives, and that beautiful apple tree.
All the incredible places, that we have visited before;
even plants and animals, and there is always room for more.





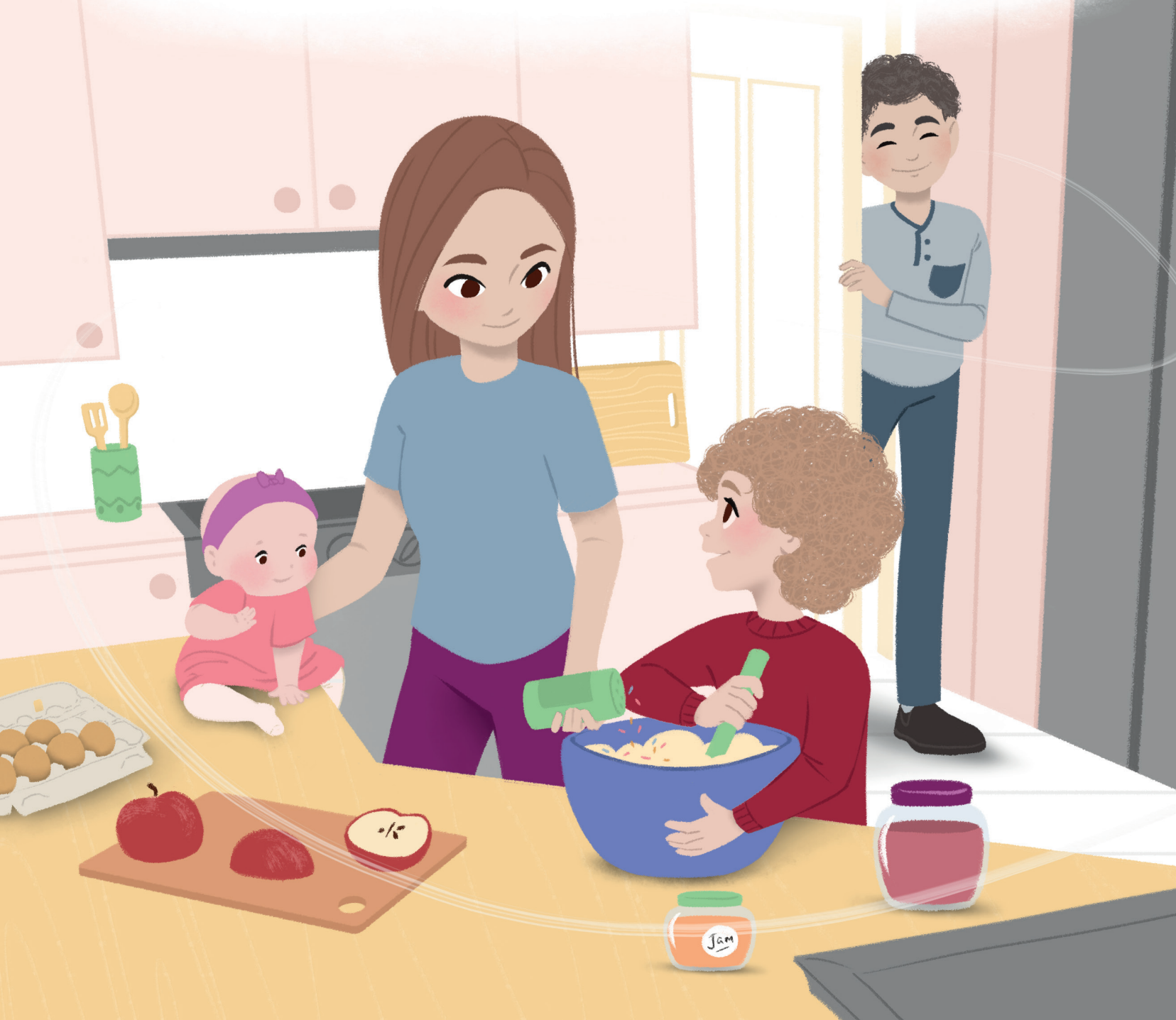
Imagine Love as a light, that shines like a twinkling star.
The more light we give to the world, the brighter we all are.”
My mum then took a lantern and suggested a fun game.
“Let’s go out and give nature, a little of heart’s flame.”



First we stopped by mum's,
beautiful array of flowers.
Wow! Love is so magical,
and has some amazing powers.



Love keeps families together, making them feel glad.
The yummy meal was our way, to show our love to dad.



Just a single spark of Love,
can make someone's day.
Grandma felt our love light,
although she was far away.



But if we meet grumpy people, our hearts should remain open.
Such people are very lonely, and their hearts may be broken.



So I decided to cheer my neighbor, who was sitting on the rug.
I brought him a jam jar, and gave him a big bear hug.



When I met a deaf girl later, I knew just what to say.
I signed 'Hello, how are you?' And I really made her day.



We can spread the love light everywhere,
even in the park.
Our love light helped the man,
heal his puppy in the dark.



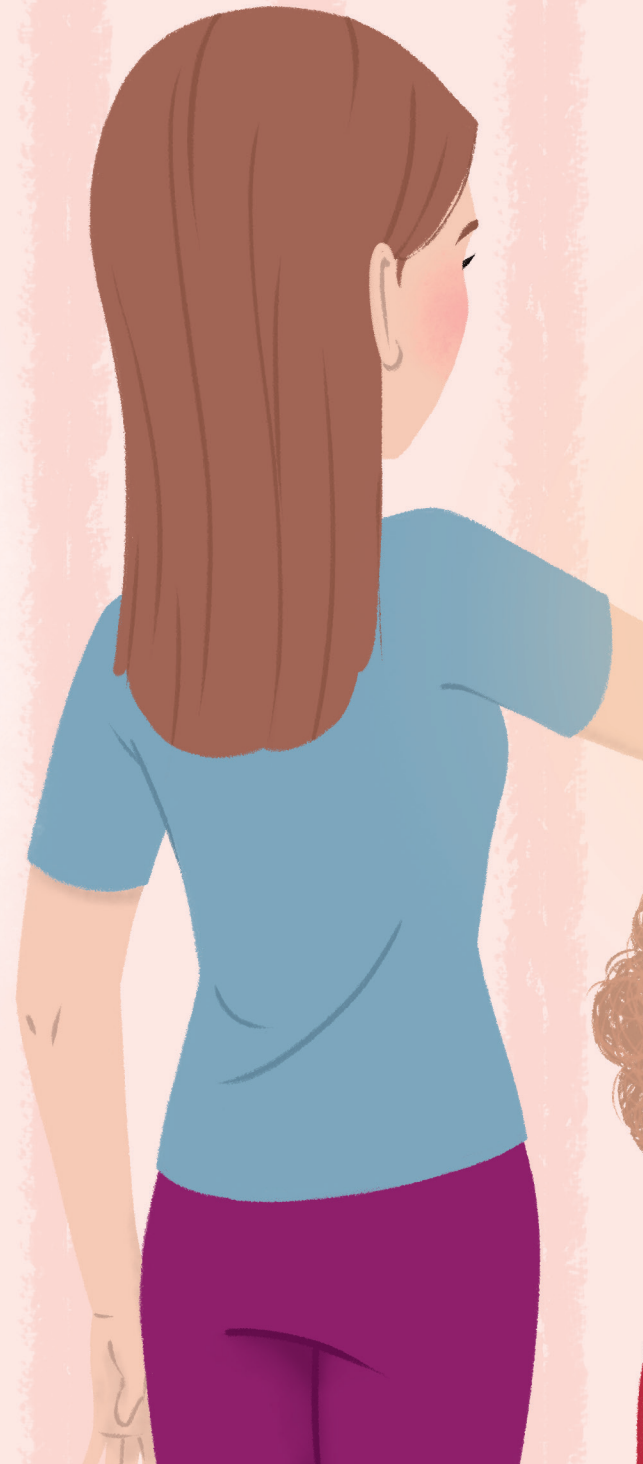
Mum asked me when we came home, to list everything I love.
I started with baby Bella and finished with my baseball glove.

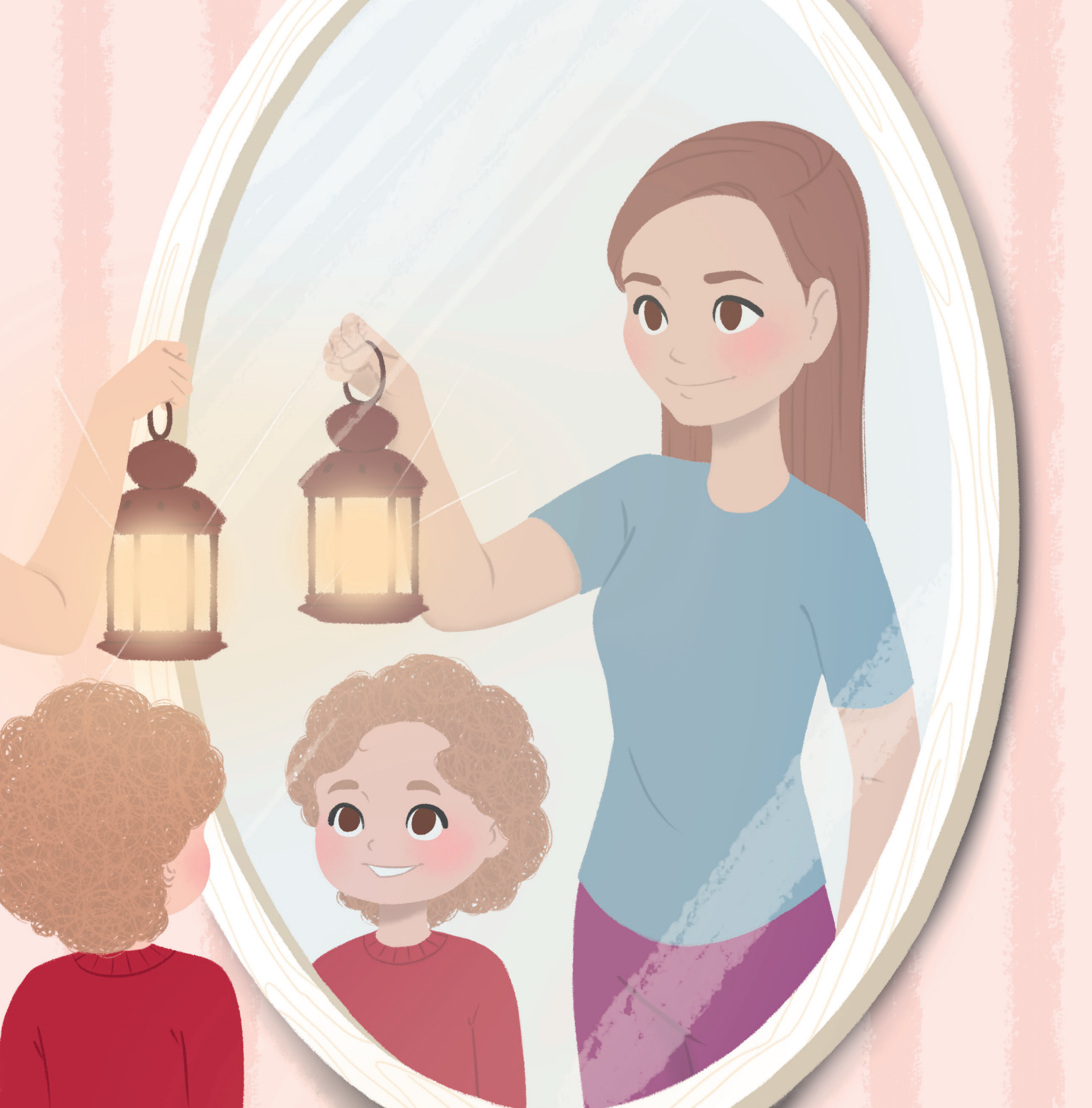


Bowen's heart

“You see how much room there is,
although your heart is small.
But you forgot to name,
the most important person of all.”

Mum brought me to the mirror,
right next to the bookshelf.
“The love light means nothing,
if you don’t share it with yourself.”





I brushed my teeth before bed,
trying not to stay up late.
Wow! Taking care of my body,
makes me feel so great.



As I read about Lucas, who was trying to be polite,
I realized that being kind, means sharing the love light.



So I went to baby Bella, who was fast asleep in bed.
“I will love you forever,” I whispered and kissed her on her head.



The next day I was surprised, to see miracles all around.
The girl I met yesterday, brought cookies to the playground.

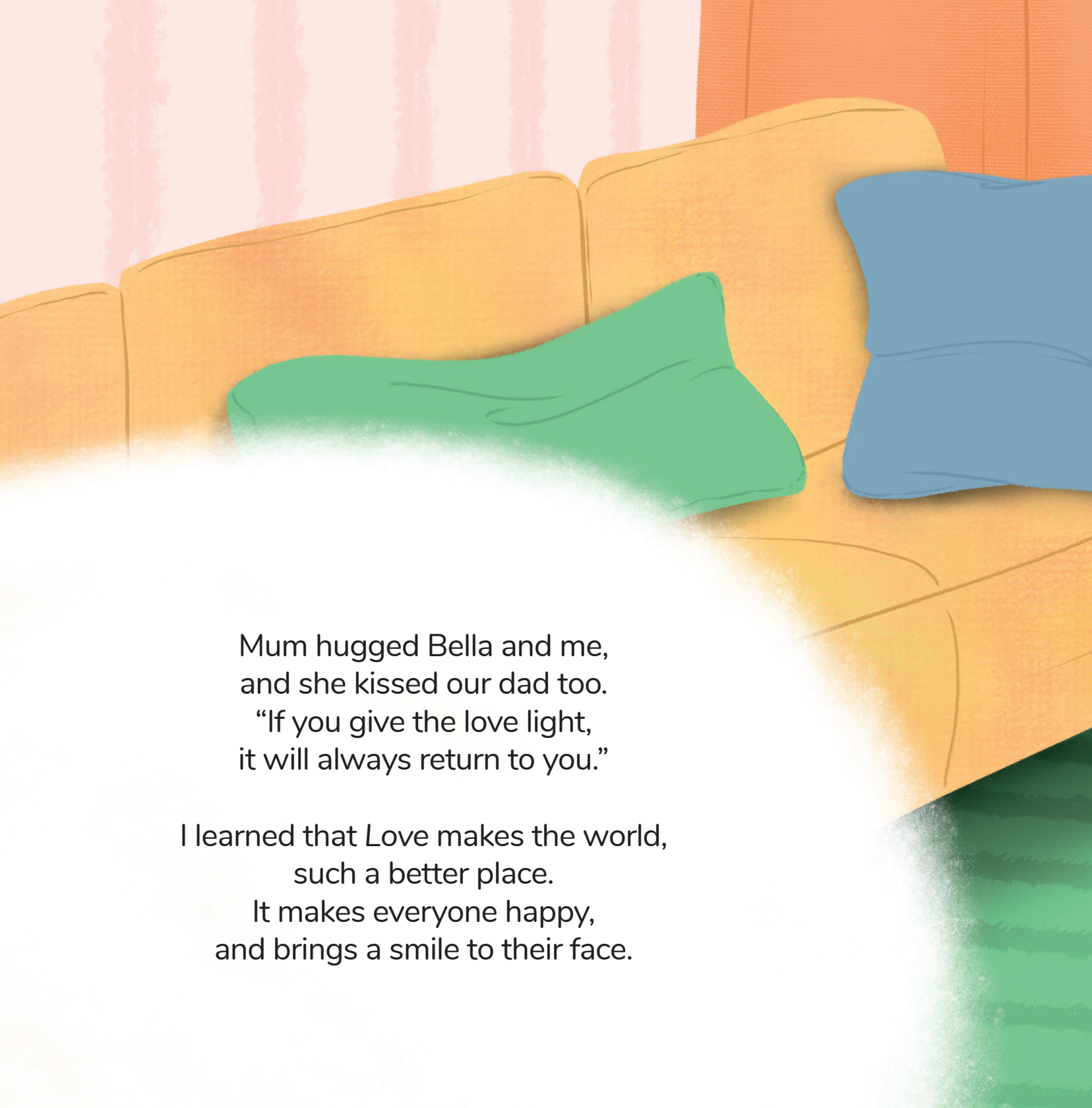


The little puppy was running happily,
making a lot of noise.
And the grumpy neighbor gave me a bunch,
of beautiful handmade toys.





Dad came home earlier,
speeding fast like a rocket.
It was another miracle,
thanks to a love note in his pocket.



Mum hugged Bella and me,
and she kissed our dad too.

“If you give the love light,
it will always return to you.”

I learned that Love makes the world,
such a better place.

It makes everyone happy,
and brings a smile to their face.



Love heals everything
from that puppy to a wilted flower.
Love is a blessing and a miracle.
Love is my superpower.



My Heart Map

Draw things and people that make up your own heart





Dear reader,

Thank you so much for taking the time to read our book and share it with your little loved ones. We'd love to hear your thoughts. If you could spare two minutes to let us know how it made you feel, we would be very grateful. Your feedback is important to us and everyone else who is yet to read this book.

Alicia Ortego
BOOKS FOR KIDS



From the Author:


This book is inspired and especially dedicated to Bowen, his sister and his loving parents Jeff and Steph who sadly said goodbye to Bowen on the 28th, February, 2022.

Bowen was a huge fan of 'Kindness is My Superpower' and would "finish off the words to each page if we were going too slow and would scream "thank you" when we got there."

For the times Bowen loved helping making cakes for his neighbours and helping his sister, we honour him with this story and thank him for the love and kindness he showed to others in his short time with us.

Bowen's parents, Jeff and Steph created the website to cherish the memories of their beautiful son:

www.bowendoesthatoneday.com



‘Love is my Superpower’ is the eighth book in ‘My Superpower Books®’ - the growth mindset books for kids, suitable for all ages and we hope it will be enjoyed by all parents, grandparents, teachers and independent school readers.

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Thank you again for your support!
— Alicia Ortego





Collect them all!

